FOI.12477 - Attachment 15

Milk free lunch (week 1)

	Monday
Section: Starters	
Orange juice	
Butternut Squash Soup	
Section: Main Choices	
Roast Beef in Gravy, with potatoes, ca	arrots and beans
Chilli Con Carne in a tomato sauce, s	
	potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potato	
Lamb Tagine, with a spiced tomato sa	
Pork in Gravy, with roast potatoes, gra	· ·
Sweet & Sour Chicken, with rice, pep	
Chicken, Bacon & Thyme Hotpot, ser	
Roast Chicken in Gravy, with potatoes	
	vith potatoes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with po	otato wedges and veg served in a spicy tomato sauce
Section: Jacket potato	
Jacket Potato	
Costion: looket notate filling	
Section: Jacket potato filling Baked beans	
Vegan cheese Tuna flakes	
Turia riakes	
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads (Offer jacket pota	to)
Chicken Salad	,
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Section: Desserts	
Fruit Pot	
Chilled vanilla soya dessert	
Chilled chocolate soya dessert	
Fresh Fruit	
Hot Toffee sponge	
Hot Ginger sponge	
Hot Chocolate sponge	
Hot Lemon sponge	
Hot Soya rice pudding	
Section: Extras	
Soya custard	
Soya cream (for the tart or fruit pot)	

	Tuesday Section: Starters
Orange	
Tomato	Soup
	·
	Section: Main Choices
Roast E	Beef in Gravy, with potatoes, carrots and beans
Chilli C	on Carne in a tomato sauce, served with rice
	nd Mushroom Casserole, with potatoes and veg in a red wine sauce
	amb in Mint Gravy, with potatoes, peas and beans
	agine, with a spiced tomato sauce with rice and vegetables
	Gravy, with roast potatoes, gravy and veg
	Sour Chicken, with rice, peppers and pineapple
	n, Bacon & Thyme Hotpot, served with potatoes and mashed veg
	Chicken in Gravy, with potatoes, veg and gravy
	Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan :	Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sa
Section	n: Jacket potato
Jacket	•
Section	n: Jacket potato filling
Baked b	
Vegan (cheese
Tuna fla	akes
	on: Sandwiches
Plain C	hicken Sandwich
	am Sandwich
Tuna fla	akes Sandwich
	on: Salads (Offer jacket potato)
Chicker	
Ham Sa	
	ake Salad
Bread r	oll with spread
Soction	on: Desserts
Fruit Po	
	vanilla soya dessert
	chocolate soya dessert
Fresh F	·
	fee sponge
	iger sponge
	ocolate sponge
	non sponge
	/a rice pudding
	on: Extras
Soya cı	
Soya cr	eam (for the tart or fruit pot)
	Saturday
0 41	n: Starters

Wednesday
Section: Starters
Orange juice
Cauliflower & Apple Soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket potato
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Chilled vanilla soya dessert
Chilled chocolate soya dessert
Fresh Fruit
Hot Toffee sponge
Hot Ginger sponge
Hot Lomon anonge
Hot Lemon sponge
Hot Soya rice pudding
Section: Extras
Soya custard
Soya cream (for the tart or fruit pot)
esja sisam (isi dia tartar nan porj

Thursday
Section: Starters
Orange juice
Vegetable Soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket potato
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Chilled vanilla soya dessert
Chilled chocolate soya dessert
Fresh Fruit
Hot Toffee sponge
Hot Ginger sponge
Hot Chocolate sponge
Hot Lemon sponge
Hot Soya rice pudding
Section: Extras
Soya custard
Soya cream (for the tart or fruit pot)

Friday	
Section: Starters	
Orange juice	
Mushroom soup	
Section: Main Choices	
Roast Beef in Gravy, with potatoes, carrots and beans	
Chilli Con Carne in a tomato sauce, served with rice	
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	
Roast Lamb in Mint Gravy, with potatoes, peas and beans	
Lamb Tagine, with a spiced tomato sauce with rice and vegetables	
Pork in Gravy, with roast potatoes, gravy and veg	
Sweet & Sour Chicken, with rice, peppers and pineapple	
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
Roast Chicken in Gravy, with potatoes, veg and gravy	
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	Э
Section: Jacket potato	
Jacket Potato	
Section: Jacket potato filling	
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sandwiches	
Dlain Chicken Sandwich	

Sweet & Sour Chicken, with rice, peppers and pineapple	
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
Roast Chicken in Gravy, with potatoes, veg and gravy	
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	
Section: Jacket potato	
Jacket Potato	
Section: Jacket potato filling	
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	
Talla llakee earlawer	
Section: Salads (Offer jacket potato)	
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Section: Desserts	
Fruit Pot	
Chilled vanilla soya dessert	
Chilled chocolate soya dessert	
Fresh Fruit	
Hot Toffee sponge	
Hot Ginger sponge	
Hot Chocolate sponge	
Hot Lemon sponge	
Hot Soya rice pudding	
Section: Extras	
Soya custard	
Soya cream (for the tart or fruit pot)	

Section: Starters
Orange juice
Leek & Potato Soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket potato
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Tulia lianes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Tana nance canamon
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
·
Section: Desserts
Fruit Pot
Chilled vanilla soya dessert
Chilled chocolate soya dessert
Fresh Fruit
Hot Toffee sponge
Hot Ginger sponge
Hot Chocolate sponge
Hot Lemon sponge
Hot Soya rice pudding
Section: Extras
0

Soya custard

Soya cream (for the tart or fruit pot)

Section: Extras Soya custard	
Soya custard Soya cream (for the	tart or fruit not)
Soya cream (for the	tart of Truit pot)
	Sunday
Section: Starters	- January
Orange juice	
Tomato Soup	
Section: Main Cho	pices
Roast Beef in Gravy,	with potatoes, carrots and beans
	tomato sauce, served with rice
	n Casserole, with potatoes and veg in a red wine sauce
	Gravy, with potatoes, peas and beans
	spiced tomato sauce with rice and vegetables
•	past potatoes, gravy and veg
	en, with rice, peppers and pineapple
	ne Hotpot, served with potatoes and mashed veg
	avy, with potatoes, veg and gravy
	egetable Bake, with potaotes and veg in a tomato sauce
vegan Spicy Bean C	asserole, with potato wedges and veg served in a spicy tomato sauce
Castian, laskat nat	
Section: Jacket pot Jacket Potato	ato
Jacket Potato	
Section: Jacket pot	ato filling
Baked beans	ato ming
Vegan cheese	
Tuna flakes	
Taria liakeo	
Section: Sandwic	nes
Plain Chicken Sandv	
Plain Ham Sandwich	
Tuna flakes Sandwid	ch .
Section: Salads (C	Offer jacket potato)
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with sprea	d
Section: Desserts	
Fruit Pot	
Chilled vanilla soya o	
Chilled chocolate so	ya dessert
Fresh Fruit	
Hot Toffee sponge	
Hot Ginger sponge	
Hot Chocolate spong	је
Hot Lemon sponge	
Hot Soya rice puddir	<u>g</u>
Section: Extras	
Soya custard	
Soya cream (for the	tart or truit pot)

Milk free lunch (week 2)

Monday	
Section: Starters	
Orange juice	
Carrot and coriander soup	
•	
Section: Main Choices	
Roast Beef in Gravy, with potatoes, carrots and beans	
Chilli Con Carne in a tomato sauce, served with rice	
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	
Roast Lamb in Mint Gravy, with potatoes, peas and beans	
amb Tagine, with a spiced tomato sauce with rice and vegetables	
Pork in Gravy, with roast potatoes, gravy and veg	
Sweet & Sour Chicken, with rice, peppers and pineapple	
Chicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
Roast Chicken in Gravy, with potatoes, veg and gravy	
egan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	
egan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sau	ice
· · · · · · · · · · · · · · · · · · ·	
Section: Jacket potato	
acket Potato	
Section: Jacket potato filling	
Baked beans	
egan cheese	
una flakes	
Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
una flakes Sandwich	
Section: Salads (Offer jacket potato)	
Chicken Salad	
lam Salad	
una flake Salad	
Bread roll with spread	
Section: Desserts	
ruit Pot	
Chilled vanilla soya dessert	
Chilled chocolate soya dessert	
resh Fruit	
lot Toffee sponge	
lot Ginger sponge	
lot Chocolate sponge	
lot Lemon sponge	
1-t C	·
lot Soya rice pudding	

Friday Section: Starters Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Hot Soya rice pudding	
Soya cream (for the tart or fruit pot) Friday Section: Starters Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and veg in a tomato sauce Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce		
Friday Section: Starters Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Section: Extras	
Friday Section: Starters Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Soya custard	7
Section: Starters Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatotes and veg in a tomato sauce	Soya cream (for the tart or fruit pot)	_
Section: Starters Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatotes and veg in a tomato sauce		
Orange juice Vegetable soup Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Friday	\neg
Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Section: Starters	
Section: Main Choices Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatotes and veg in a tomato sauce	Orange juice	
Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Vegetable soup	
Roast Beef in Gravy, with potatoes, carrots and beans Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce		_
Chilli Con Carne in a tomato sauce, served with rice Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce		
Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Roast Beef in Gravy, with potatoes, carrots and beans	
Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Chilli Con Carne in a tomato sauce, served with rice	
Roast Lamb in Mint Gravy, with potatoes, peas and beans Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce	7 [
Lamb Tagine, with a spiced tomato sauce with rice and vegetables Pork in Gravy, with roast potatoes, gravy and veg Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potatoes and veg in a tomato sauce	Roast Lamb in Mint Gravy, with potatoes, peas and beans	
Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Lamb Tagine, with a spiced tomato sauce with rice and vegetables	$\exists [$
Sweet & Sour Chicken, with rice, peppers and pineapple Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg Roast Chicken in Gravy, with potatoes, veg and gravy Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Pork in Gravy, with roast potatoes, gravy and veg	
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Sweet & Sour Chicken, with rice, peppers and pineapple	
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg	
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	Roast Chicken in Gravy, with potatoes, veg and gravy	
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce	
	Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce	

Jacket Potato	
outhor i otato	
Section: Jacket potato filling	
Baked beans	
Vegan cheese	
Tuna flakes	

Section: Sandwiches	
Plain Chicken Sandwich	
Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads (Offer jacket potato)	
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
Section: Desserts	
Fruit Pot	

. 0	
Hot Ginger sponge	
Hot Chocolate sponge	
Hot Lemon sponge	
Hot Soya rice pudding	
Section: Extras	
Soya custard	

Chilled vanilla soya dessert Chilled chocolate soya dessert

Soya cream (for the tart or fruit pot)

Fresh Fruit

Hot Toffee sponge

Tuesday
Section: Starters
Orange juice
Leek and potato soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chicken, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato saud
Section: Jacket potato
Jacket Potato
Onstinue Industry state filling
Section: Jacket potato filling
Baked beans
Vegan cheese Tuna flakes
i ulia lianes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread

Section: Extras

Soya cream (for the tart or fruit pot)

Soya custard

Plain Ham Sandwich	
Tuna flakes Sandwich	
Section: Salads (Offer jacket potat	to)
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with spread	
·	
Section: Desserts	
Fruit Pot	
Chilled vanilla soya dessert	
Chilled chocolate soya dessert	
Fresh Fruit	
Hot Toffee sponge	
Hot Ginger sponge	
Hot Chocolate sponge	
Hot Lemon sponge	

Section: Extras		
Soya custard		
Soya cream (for the tart or fruit pot)		
sola steam (i.e. the tart of frait pot)		

Section: Sta	rters
Orange juice	
Pea and min	t soup
Section: Ma	
	n Gravy, with potatoes, carrots and beans
	arne in a tomato sauce, served with rice
	ushroom Casserole, with potatoes and veg in a red wine sauce
	in Mint Gravy, with potatoes, peas and beans
	e, with a spiced tomato sauce with rice and vegetables
	y, with roast potatoes, gravy and veg r Chicken, with rice, peppers and pineapple
	n & Thyme Hotpot, served with potatoes and mashed veg
	en in Gravy, with potatoes, veg and gravy
	nçale Vegetable Bake, with potaotes and veg in a tomato sauce
	Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
vegan opicy	bean casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jac	:ket notato
Jacket Potato	•
Section: Jac	ket potato filling
Baked beans	· · · · · · · · · · · · · · · · · · ·
Vegan chees	se
Tuna flakes	
Section: Sa	andwiches
Plain Chicke	
Plain Ham S	andwich
Tuna flakes	Sandwich
	alads (Offer jacket potato)
Chicken Sala	ad
Ham Salad	
Tuna flake S	
Bread roll wit	th spread
Section: D	
Fruit Pot	esserts
	a soya dessert
	olate soya dessert
Fresh Fruit	olato soya dossort
Hot Toffee sp	nonge
Hot Ginger s	
Hot Chocolat	
Hot Lemon s	·
Hot Soya rice	· ·
o. ooya nce	> Pagania

Wednesday
Section: Starters
Orange juice
Mushroom soup
Section: Main Choices
Roast Beef in Gravy, with potatoes, carrots and beans
Chilli Con Carne in a tomato sauce, served with rice
Steak and Mushroom Casserole, with potatoes and veg in a red wine sauce
Roast Lamb in Mint Gravy, with potatoes, peas and beans
Lamb Tagine, with a spiced tomato sauce with rice and vegetables
Pork in Gravy, with roast potatoes, gravy and veg
Sweet & Sour Chicken, with rice, peppers and pineapple
Chick, Bacon & Thyme Hotpot, served with potatoes and mashed veg
Roast Chicken in Gravy, with potatoes, veg and gravy
Vegan Provençale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Bean Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket potato
Jacket Potato
Section: Jacket potato filling
Baked beans
Vegan cheese
Tuna flakes
Section: Sandwiches
Plain Chicken Sandwich
Plain Ham Sandwich
Tuna flakes Sandwich
Section: Salads (Offer jacket potato)
Chicken Salad
Ham Salad
Tuna flake Salad
Bread roll with spread
Section: Desserts
Fruit Pot
Chilled vanilla soya dessert
Chilled chocolate soya dessert
Fresh Fruit
Hot Toffee sponge
Hot Ginger sponge
Hot Chocolate sponge
Hot Lemon sponge
Hot Soya rice pudding
Section: Extras
Soya custard

Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	emary soup
Orange juice Parsnip and rose Section: Main Roast Beef in Gr Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	Choices avy, with potatoes, carrots and beans in a tomato sauce, served with rice coom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Section: Main Roast Beef in Gr Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	Choices avy, with potatoes, carrots and beans in a tomato sauce, served with rice coom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Section: Main Roast Beef in Gr Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	Choices avy, with potatoes, carrots and beans in a tomato sauce, served with rice coom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Roast Beef in Gr Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	avy, with potatoes, carrots and beans in a tomato sauce, served with rice coom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Roast Beef in Gr Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	avy, with potatoes, carrots and beans in a tomato sauce, served with rice coom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Chilli Con Carne Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	in a tomato sauce, served with rice coom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Steak and Mushr Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	oom Casserole, with potatoes and veg in a red wine sauce lint Gravy, with potatoes, peas and beans
Roast Lamb in M Lamb Tagine, wi Pork in Gravy, wi	lint Gravy, with potatoes, peas and beans
Lamb Tagine, wi Pork in Gravy, wi	
Pork in Gravy, wi	ar a spicea terriate saace with rice and vegetables
	th roast potatoes, gravy and veg
	nicken, with rice, peppers and pineapple
	Thyme Hotpot, served with potatoes and mashed veg
	Gravy, with potatoes, veg and gravy
	le Vegetable Bake, with potaotes and veg in a tomato sauce
<u> </u>	n Casserole, with potato wedges and veg served in a spicy tomato sa
Section: Jacket	potato
Jacket Potato	
	2
Section: Jacket	potato filling
Baked beans	
Vegan cheese Tuna flakes	
Turia liakes	
Section: Sand	wiches
Plain Chicken Sa	
Plain Ham Sand	
Tuna flakes San	
Section: Salad	s (Offer jacket potato)
Chicken Salad	
Ham Salad	
Tuna flake Salad	
Bread roll with sp	pread
-	
Section: Desse	erts
Fruit Pot	
Chilled vanilla so	•
Chilled chocolate	soya dessert
Fresh Fruit	
Hot Cingar spong	
Hot Ginger spong Hot Chocolate sp	
Hot Lemon spon	<u> </u>
Hot Soya rice pu	
riot ooya noe pu	ading
Section: Extra	S

	Thursday
Section: Starte	rs
Orange juice	
Tomato soup	
Section: Main (1 111
	ravy, with potatoes, carrots and beans
	e in a tomato sauce, served with rice
	room Casserole, with potatoes and veg in a red wine sauce
	Mint Gravy, with potatoes, peas and beans
	rith a spiced tomato sauce with rice and vegetables
	rith roast potatoes, gravy and veg
	hicken, with rice, peppers and pineapple
	Thyme Hotpot, served with potatoes and mashed veg
	n Gravy, with potatoes, veg and gravy
	ale Vegetable Bake, with potaotes and veg in a tomato sauce
Vegan Spicy Be	an Casserole, with potato wedges and veg served in a spicy tomato sauce
Section: Jacket	t potato
Jacket Potato	
Section: Jacket	t potato filling
Baked beans	
Vegan cheese	
Tuna flakes	
Section: Sand	
Plain Chicken S	andwich
Plain Ham Sand	
Tuna flakes San	dwich
	ds (Offer jacket potato)
Chicken Salad	
Ham Salad	
Tuna flake Sala	d
Bread roll with s	pread
Section: Dess	erts
Fruit Pot	
Chilled vanilla s	oya dessert
Chilled chocolat	
Fresh Fruit	
Hot Toffee spon	go.

Hot Toffee sponge
Hot Ginger sponge
Hot Chocolate sponge
Hot Lemon sponge
Hot Soya rice pudding

Section: Extras

Soya custard
Soya cream (for the tart or fruit pot)